



WANT TO LEARN HOW
to assist young people
experiencing mental health problems?

The 2nd edition of the Youth Mental Health First Aid **COURSE IS NOW AVAILABLE**

This 14-hour Youth Mental Health First Aid course teaches first aid skills for adult members of the public to give initial help to adolescents experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

Where: Port Fairy Community Services Centre Atkinson Street, Port Fairy VIC 3284

When: 16/02/2012 - 23/02/2012 (9.30am - 4.30pm both days)

Instructor(s): Kim Freeman & Suzi Stropin

Cost: \$250.00 (Inc. GST) Includes MHFA Manual and extensive resources

If you're interested in attending this 14-hour Youth MHFA course, please see contact details below:

Contact Details: Kim Freeman kfreeman@aspire.org.au 5560 3007

Additional Information:

Suzi and Kim are Accredited Master Facilitators with extensive experience and expertise. All participants will receive a Certificate of Completion. Continuing Professional Development points may apply. Please contact for details. Morning and afternoon tea provided - BYO lunch



For further information on
the Mental Health First Aid
Training and Research Program,
please visit our website at
www.mhfa.com.au

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