

Minds Do Matter

**Travelling Art exhibition 2010
Open to people who have
experienced
mental illness**

Aspire, A Pathway to Mental Health would like to invite artists who have experienced mental illness to enter works of art for the "Minds Do Matter" Travelling Art exhibition. Selected works from the exhibition will be featured in our 2011 calendar.

Those highly commended and the peoples choice awards will feature on postcards and D.V.D's, for future promotional purposes.

The Travelling Exhibition will involve regional exhibitions held at The Design Centre in Launceston, Meadowbank Winery in Hobart and the Arts and Function Centre in Burnie.

From the 10th of October to the 5th of November 2010.

Entries close 20th of Sept. 2010

Entry forms available at www.aspire.org.au.

Then click on the Tasmanian page, or to be posted the entry form you can contact :-

Aspire Staff in Tasmania

North West:- Margaret on 64 313772

South:- Kate on 62 245247

North:- Rhonda on 63 333111

East Coast:- Sara on 63 762381

Section A -Conditions of Entry

1. In signing and submitting this entry form the artist enters into a contract with Aspire, A pathway to mental health inc. (hereinafter referred to as Aspire) and agrees to comply with all of the following conditions, and to hold Aspire not liable in the event of any loss or damage whatsoever to the entered works, and to indemnify Aspire in the event of any incorrect description, genuineness or authenticity of or and fault or defect in any works submitted.
2. Accepted Medium— oils, acrylics, watercolour, pastel, mixed Media and photography. Wet paintings will not be accepted. Works accepted for the exhibition will be selected based on best representation of the Minds Do Matter theme.
3. The artist agrees that all works exhibited shall be for sale. The sale price written on the entry form will remain fixed for the duration of the exhibitions. There will be no commission charged.
4. All art works entered by the artist must be the original work and concept of the artist. The finished painting including the frame must be no bigger than 100cm high x 100cm wide.
5. The entered works must be new (completed in the last 2 years) and must not have been shown previously or entered in any other exhibition/competition.
6. All artists entering must be 18 years and over and have experienced mental illness.
7. No third party may enter works on behalf of an artist.
8. **Entry into the exhibition will be through pre-selection from photographs of each work of art to be entered or previously entered as examples of the artists work. Artists are required to submit 3 identical unmounted good quality colour photographs (maximum size A4) of each work submitted. Accompanying this artists are to submit a completed and signed entry form including: 1. Artist Statement related to the entry printed on A4 paper (no more than 200 words). 2. The artist must complete the declaration on the entry form.**
9. The artist may submit multiple entries but each entry must be accompanied by a separate entry form.
10. Entries must be posted to Aspire, A Pathway to Mental Health, P.O. Box 1045 Launceston, Tasmania 7250 by 20th of September. Late entries will not be accepted.
11. Works incomplete, wet or not delivered free of all charges will not be accepted. Painting I.D tags are to be completed and taped to the back lower right hand side of the works (see Section B for labels).
12. Artists works selected for Aspires Travelling Exhibition in Burnie, Launceston and Hobart will be notified no later than the 22nd of September 2010 and then artists will be notified of a delivery timeframe.
13. Aspire will exercise all reasonable care in handling the works submitted, but will not be responsible for the loss of or damage to any works while in the custody of Aspire or agents/couriers used by Aspire. Each artist is responsible for maintaining his or her own insurance coverage.

14. Aspire will cover the cost of transporting selected works from Aspire Hobart, Devonport, Launceston and from venue to venue. Works with return courier vouchers will be sent back to place of delivery.
15. Artists selected will allow their works to be reproduced to feature in either a calendar, post cards or D.V.D's to be used for Aspires promotional purposes in hard copy or electronic form. The use of entered artwork for future promotional materials will be negotiated with the artist.
16. A stretched canvas will be considered framed. Each work must be fitted with substantial hanging wire or heavy duty cord with "flush D hangers", or screw eyes attached (no staples allowed). The apex of the hanging wire or cord should be approximately 75mm, below the top of the frame.
17. Works selected for the exhibition will be chosen by a panel of judges appointed by Aspire. The judges decision will be final and correspondence will not be entered into.
18. Submission of entry into this exhibition automatically constitutes the artists acceptance of all exhibition conditions.

ENTRIES

Closing date for entry forms is 20th of Sept. 2010

Post to Aspire, A Pathway to Mental Health
PO Box 1045, Launceston Tas 7250

RECEIVING PAINTINGS

Please phone before making personal delivery
at the following locations

Burnie - 10 Marine Terrace—64 318286

Launceston - 266 Charles street— 63 333111

Hobart - 1st floor, 15-17 Castray Esplanade Battery
Point—62 245247

St Helens - Suite 5, 48 Cecilia Street—63 762381

From 22nd of September 2010 weekdays 9am to 5pm
If delivering artwork via carrier, prepaid return freight vouchers must be included
with the art work at the time of receipt.

COLLECTION

At the completion of the Travelling Art Exhibition works
can be collected from Aspire offices
from Monday the 8th of November 2010
unless works have been received via a courier with a
return voucher

then they will be sent back to place of delivery.

Art work will be returned in the original packaging and it is the
responsibility of the artist to ensure packaging is sufficient for
the return transportation of the work.

Please note Aspire does not have the storage space to keep art pieces. Where arrangements have not been made for collection or return via courier by the due date, Aspire reserves the right to sell or dispose of paintings 30 days expiry of the exhibition date.

Entry Form

Section A:

Post this section to Aspire, a pathway to mental health. PO Box 1045 Launceston Tasmania 7250. Entries must be received by 5pm, Monday the 20th of September 2010.

Contact Details

Artist's Full Name: _____

Address: _____

Postcode: _____ Phone Number: _____ Mobile: _____

Email: _____

Art Details

Title of work: _____

Medium: _____

Size of Artwork (cm) Height _____ Width _____ Date of Completion: _____

Sale Price of art work: _____ Artist's ABN _____

Declaration

I certify that the above information is correct and that the work submitted was completed by myself within the past two years of the entry date.

I agree to abide by the conditions of entry of this exhibition.

Artist Signature _____ Date _____

Note: unsigned entries will not be accepted

Please indicate the method by which your entry is to be collected

Personal Collection

Agent/courier Collection

Agents Address: _____ Postcode _____

Agents Telephone Number: _____

Proudly Sponsored by: Aspire, A Pathway to Mental Health. Design Centre Tasmania. Department of Health and Human Services.

Minds Do Matter

Mental health is not just the absence of mental disorder. It is defined as a state of well-being in which every individual realises his or her potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.

Section B - Painting ID

Mind Your Mind

Please attach to

BOTTOM RIGHT HAND CORNER OF WORK

Artist.....

Contact no.....

Title of work.....

.....

Medium.....

Price.....

Please circle yes or no if you wish to stay anonymous **YES** **NO**

Return of unsold works by (circle one)

Personal collection

Courier (please write courier used)

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Mind Your Mind

Please attach to

BOTTOM RIGHT HAND CORNER OF WORK

Artist.....

Contact no.....

Title of work.....

.....

Medium.....

Price.....

Please circle yes or no if you wish to stay anonymous **YES** **NO**

Return of unsold works by (circle one)

Personal collection

Courier (please write courier used)

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The theme of Minds Do Matter is about how you look after your mental health.

Here are 10 tips to Minds Do Matter.

- Get regular exercise for body and mind.
- Get a balance of work, rest and leisure.
- Eat a balanced diet.
- Have some routine in your day, but remember variety is the spice of life!
- Include other people in your day.
- Take time to build relationships.
- Learn to say NO and take control of your time.
- Check yourself for signs of stress like poor sleep, fatigue, tearfulness & burnout.
- Tell someone if you're feeling down.
- Celebrate achievements, strengths & reward yourself.